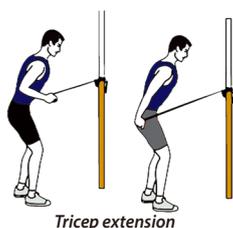
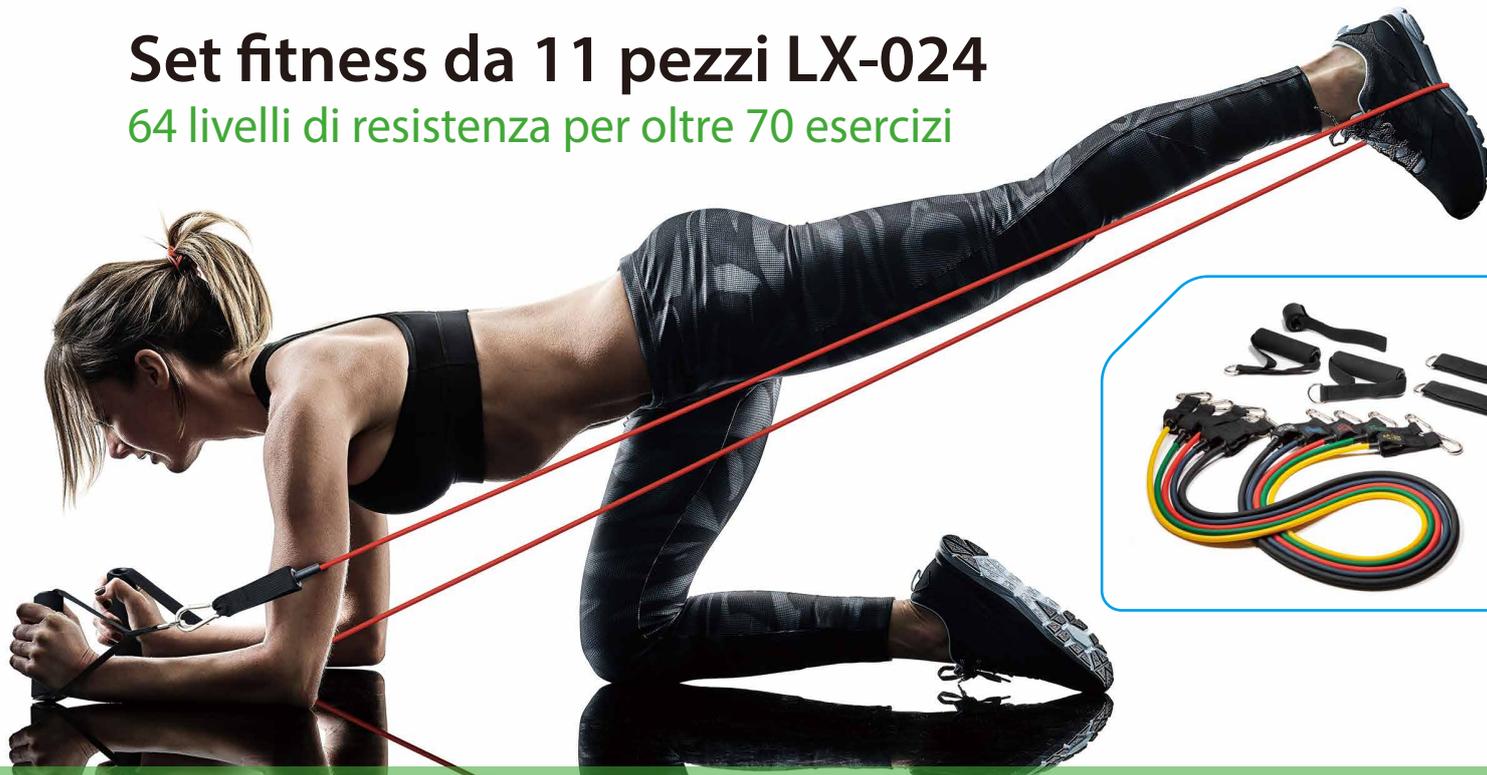


Set fitness da 11 pezzi LX-024

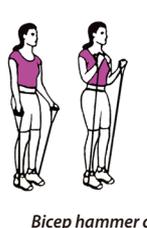
64 livelli di resistenza per oltre 70 esercizi



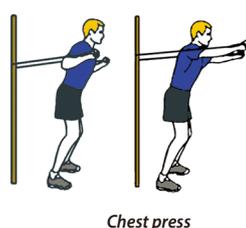
Tricep extension



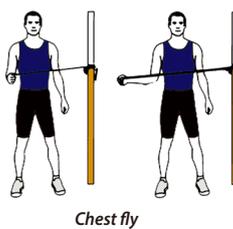
Bicep curl



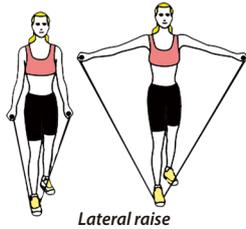
Bicep hammer curl



Chest press



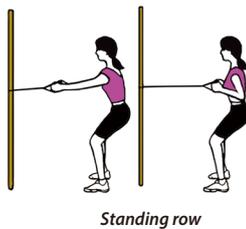
Chest fly



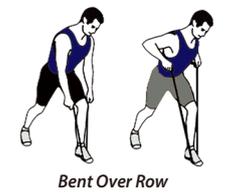
Lateral raise



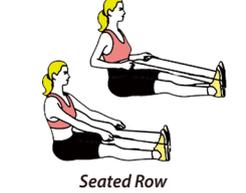
Shoulder press



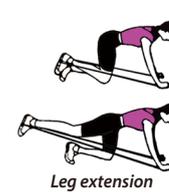
Standing row



Bent Over Row



Seated Row



Leg extension



Squat

5

• 5 nastri di resistenza (4,5/6,8/11,3/13,6/15,9kg)



• Ancoraggio per porte di grandi dimensioni per carichi elevati



• 2 maniglie



• 2 cinghie per i piedi



• Borsa per il trasporto

64

• 64 Livelli di resistenza



• Istruzioni con esempi per esercitarsi a casa



Numero di articolo 4898