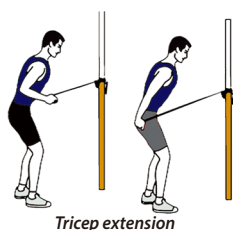
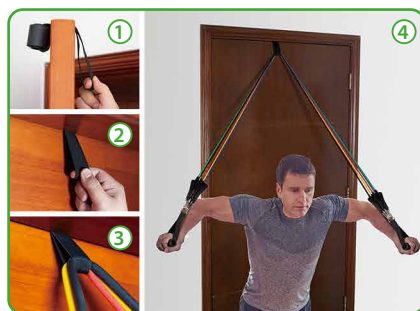
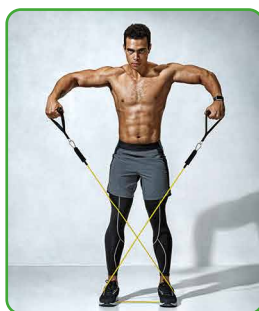
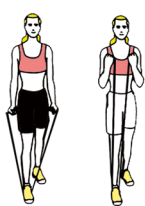


11dílná fitness sada LX-024

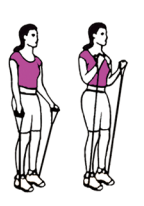
64 úrovní odporu, více než 70 cvičení



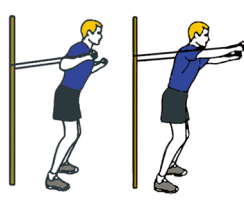
Tricep extension



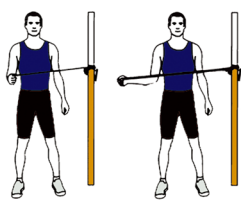
Bicep curl



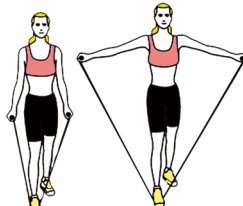
Bicep hammer curl



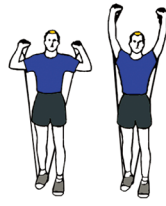
Chest press



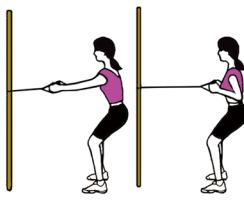
Chest fly



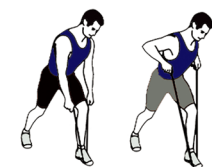
Lateral raise



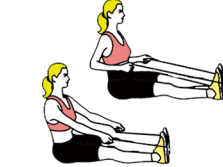
Shoulder press



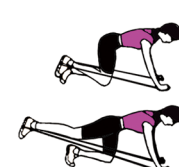
Standing row



Bent Over Row



Seated Row



Leg extension



Squat

5

• 5 pásů odporu (4,5 / 6,8 / 11,3 / 13,6 / 15,9 kg)



• Velká dveřní kotva pro vysoké zatížení



• 2 kliky



• 2 popruhy na nohy



• Transportní taška

64

• 64 úrovní odporu



• Přehled cvičení



Číslo položky 4898