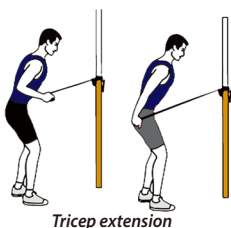
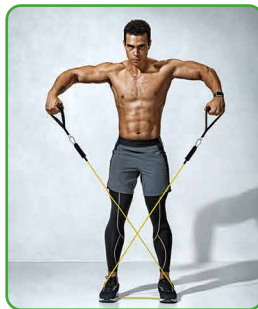
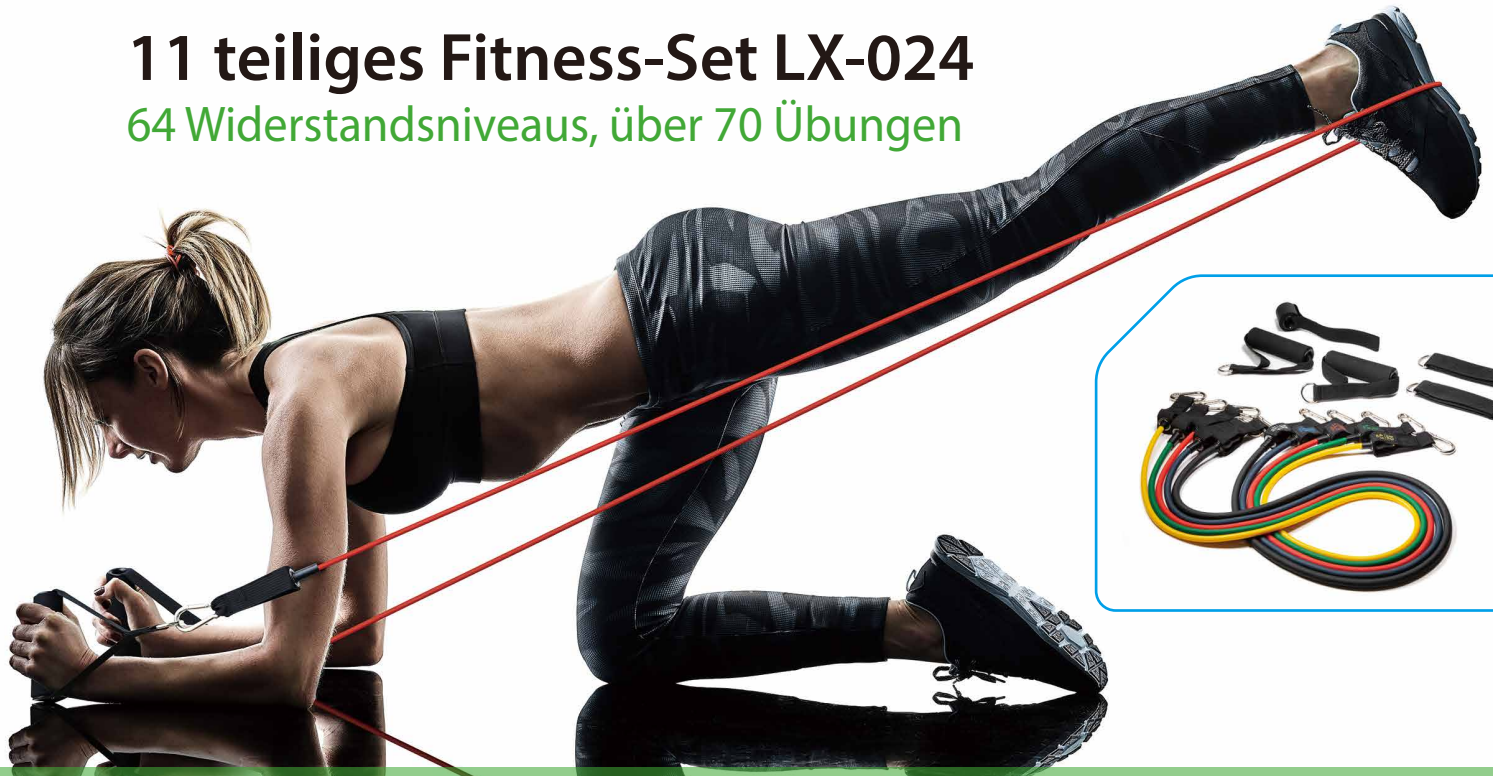
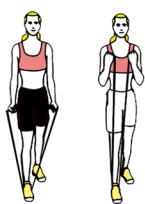


11 teiliges Fitness-Set LX-024

64 Widerstandsniveaus, über 70 Übungen



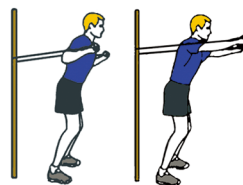
Tricep extension



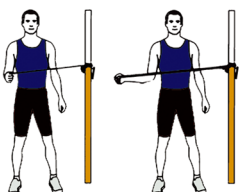
Bicep curl



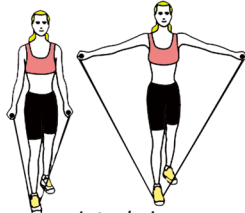
Bicep hammer curl



Chest press



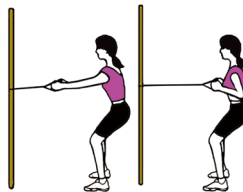
Chest fly



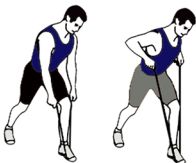
Lateral raise



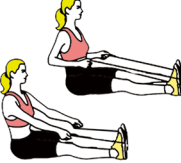
Shoulder press



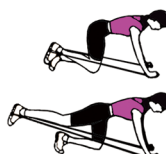
Standing row



Bent Over Row



Seated Row



Leg extension



Squat

5

• 5 Widerstandsbänder
(4,5/6,8/11,3/13,6/15,9kg)



• Großer Türanker für hohe Belastungen



• 2 Handgriffe



• 2 Fußschlaufen



• Transportbeutel

64

• 64 Widerstandsniveaus



• Übungsübersicht



Artikelnummer 4898